

JB ACADEMY
HALF-YEARLY EXAMINATION (2023-24)
PSYCHOLOGY, CLASS - XI

Time: 3 Hrs.

Max.Marks : 70

GENERAL INSTRUCTIONS

- All questions are compulsory except where internal choice is provided.
- Question No. **1-14 in Section I** are one word and objective type questions carrying 1 mark each. Answer them as directed.
- Question No. **15-16 in Section II** are case based questions.
- Question No. **17-22 in Section III** are very short answer questions carrying 2 marks each.
- Question No. **23-25 in Section IV** are short answer type questions carrying 3 marks each.
- Question No. **26-29 in Section V** are short answer type questions carrying 4 marks each.
- Question No. **30-31 in Section VI** are long answer type questions carrying 6 marks each.

SECTION - I

	Marks
Que. 1. Calculate the IQ of a 12 year girl having the mental age of 08 years. Name the descriptive label the IQ falls in.	1
Que. 2. Theory of Primary Mental Abilities states that intelligence consists of 7 primary abilities which are significantly dependent on each other. True/False	1
Que. 3. _____ ability helps a person to form visual patterns and images mentally. This ability is usually found in pilots and sailors.	1
Que. 4. Which type of intelligence is given utmost importance in collectivistic culture?	1
Que. 5. Which self emerges in relation with others and emphasises on cooperation, unity, affiliation and sacrifice?	1
Que. 6. _____ expresses a person's performance in terms of a single index of cognitive abilities. (a) Interactional approach (b) Information Processing approach (c) Psychometric approach (d) Functional approach	1
Que. 7. Which of the following is true according to Rogers' idea of self? (a) Human beings have animal instincts (b) Human beings have a real self and an ideal self. (c) Real self dominates the ideal self (d) Ideal self is never problematic	1
Que. 8. Who wrote extensively about feelings and mental anguish during the Middle Ages?	1
Que. 9. Name the Greek philosopher who explained personality on the basis of four humours.	1
Que. 10. _____ involves employing systematic, organized and objective procedures to understand behavior in a controlled setting.	1

- Que. 11. _____ is a cognitive-behavioral aspect of self derived from Bandura's social learning theory. 1
- Que. 12. Logotherapy helps the client find answers to their existential questions. (True/False) 1
- Que. 13. _____ is the tendency of an individual to respond to statements on a test without reading or understanding it. 1
- Que. 14. According to Freud, in the situation of extreme stress, a person experiences _____, where they behave like an earlier psychosexual stage. 1

SECTION – II

- Que. 15. Read the case and answer the questions that follow. (1+2=3)
Refer the picture given below and answer the questions that follow.



- Q.15 (i) Identify the test shown in the image and name the psychologist who proposed it. 1
- Q.15 (ii) Briefly explain the test shown in the image. 2

Que. 16. Read the case and answer the question that follow. **1x4=4**

Raj was in his regular practice session of 2018. He truly believed that a person is not mere a puppet of their biological instincts, but rather a sensible individual who can make life meaningful. He felt a sharp pain in his shoulder. He could no longer lift the bat to face the ball directed towards him on the pitch. He had been a promising batsman, but since he had increased his training duration from 6 hours per day to 10 hour per day, he was experiencing a downfall in his average performance. Today when he woke up, he made a resolution to find a way out of his current situation and be back in form. As he came to the pitch to bat, confidence and apprehension beaming in his eyes, he picked the bat to face the strategic bowler's throws. Just 2 balls later, he experienced a shooting pain in the shoulder. The physical pain and the psychological stress of being unable to do what he had always practiced for increased the cortisol level in his body, making him collapse on the pitch itself. A hardworking and talented sportsperson lost it all as the bad performances shattered his self esteem to pieces. 5 years down the line, he no more engages in cricket. Even the mention of the sports triggers his aggression. He leads a modern lifestyle of regular consumption of junk foods and tries to be busy with limited engagements.

- Que. (A) An individual's sole concern with the satisfaction of _____ needs would reduce him/her to the level of animals. 1
- Que. (B) Which part of the mind is a reservoir of instinctive animal drives that are anxiety provoking and may result in onset of Psychological disorders? 1
- Que. © Plan a rehabilitation program for Raj. 1
- Que. (D) Which is the most appropriate therapy you can use in the above case? 1

SECTION – III

- Que. 17. Write short notes on any two of the following: (2x2=4)
- (i) Depressive disorders
- (ii) Dissociative disorders
- (iii) Bipolar and related disorders
- Que. 18. Explain the two most used classifications of Psychological Disorders. 2
- Que. 19. Differentiate between substance dependence and substance abuse. 2
- OR**
- Saloni is a student of grade 6. It is observed that she remains restless and finds it difficult to sit for 40 minutes in a period. As the teacher turns to the board, she gets up and starts moving in the class, thereby, disturbing the entire class. Her grades have been sub-average and she finds it difficult to focus on the task at hand. Explain the disorder she is suffering from.
- Que. 21. Explain the role of core schemas in cognitive therapy. 2
- Que. 22. The IQ score reflect intellectual disabilities and well as giftedness according to the available researches. Explain the Intellectual disabilities thus reflected. 2

SECTION – IV

- Que. 23. How does rehabilitation help people who are experiencing symptoms of certain disorder, to live a dignified life? 3
- OR**
- Write a short note on alternative therapies. How are they different from mainstream therapies?
- Que. 24. Explain the personality theory that incorporates 3 neurological processes to explain the dynamic yet stable personality. 3
- Que. 25. Write a short note on Autism Spectrum Disorder. 3
- OR**
- Environment helps and shapes the intelligence of an individual but it is the genetics that set a limit on growth. With the help of the research evidences, explain the role of nature and nurture on intelligence.

SECTION – V

- Que. 26. A researcher can choose from a wide variety of tests to measure intelligence. Explain the various types of intelligence tests used in present scenario. 4
- Que. 27. Write a short note on the five factor model of personality. 4

Que. 28. Therapy is a systematic process where therapist and client share a professional bond aimed at healing the client. What are the steps in formulating a client's problem? 4

Que. 29. Enumerate the factors that contribute to healing in Psychotherapy. Support your answer with relevant example. 4

SECTION - VI

Que. 30. Explain the schizophrenia spectrum and other related disorders. 6

OR

The historical background of the study of abnormality has been a combination of good and objectionable practices. Explain the emergence of abnormal psychology.

Que. 31. A range of techniques is available for changing the behavior according to the behaviorists. Elaborate on these techniques. 6

OR

Explain the Neo-Freudian approaches to personality. Support your answer with relevant examples.
